



**MORNINGSIDE
COLLEGE**

May Term 2019

The Morningside College experience cultivates a passion for **lifelong learning**
and a dedication to **ethical leadership** and **civic responsibility**.

May Term Courses

Students are required to complete at least one May Term course in order to graduate from Morningside College. Students who spend one semester or summer session studying abroad will be considered to have satisfied the May Term requirement. May Term courses are designed to be innovative or experiential and are not offered during any other term. These courses lend themselves to experiential learning, but are not limited to this approach. May Term allows faculty to design courses that they could not otherwise offer, and it allows students to take at least one course simply for the sake of the love of the learning during their time at Morningside. Travel may be a significant component of some courses offered in the May Term.

May Term courses are offered in an approximately three-week period immediately after Commencement. All May Term courses are four-credit courses and classes may meet for a variable amount of time each day. May Term courses may not be audited. May Term courses will be graded Pass/Fail. Students who are enrolled in the preceding Spring Term may enroll in one May Term course for no tuition. For the one required May Term, there are no additional charges for rooms if the student is already living in a campus residence hall. For additional May Terms, the student will be responsible for tuition and room charges. Students are responsible for their board costs during the May Term. If a May Term involves travel, students are responsible for the cost of the travel.

For additional on-campus May Terms the student will be responsible for tuition and room and board charges. If a May Term involves travel, students are responsible for the cost of the travel. Students participating in a second May Term that involves travel may elect not to register for course credit, and in that case will not be charged tuition.

Financial Aid

Financial aid availability will be based on the student taking the May Term for college credit. Students may be eligible for Federal Stafford Loans, Federal PLUS (Parent) Loans, and/or Private Loans. Private Loan eligibility is based on credit worthiness.

If for any reason the student does not actually participate in the May Term, all financial aid will be returned to the appropriate lender.

May Graduates: If the student chooses to graduate in May, the student will not be eligible for financial aid assistance. If the student chooses to move his/her graduation date to August, he/she may be eligible for financial aid assistance.

Registration Dates

January 14 – April 29, 2019 **(2019/24)**

- Any student who has not previously taken a May Term

January 21 – April 29, 2019 **(2019/25)**

- Any student who has previously taken a May Term
- Registration must be completed at the Registrar's Office

Last Day to Drop a May Term - May 17, 2019

MORN 219M 001 Exploration of Hawai'i-**Cancelled**

Instructor(s): Kurt Spearing and Jackie Barber

Year Offered: May 2019

Course Description:

The class will spend approximately one week exploring some of the natural and historical areas of the Hawaiian Islands, primarily on the “big island” of Hawai'i itself. Students will examine the volcanoes that created the island chain as well as some of the life that colonized them. They will explore extinct lava tubes, see new lava formations and learn the natural and cultural significance of the volcanoes in Volcanoes National Park. We will also see the long-term results of the volcanic activity by travelling through rainforest settings that grow well on the volcanic soil. There will be opportunities to see many types of native life both on land and in the water. Students will go on multiple snorkeling excursions to see many of the exotic fish of the islands and hopefully see dolphins and sea turtles that frequent the dive areas. We may also get to snorkel at night to see the large manta rays that feed nearshore at night. Finally, we will visit a variety of historical sites in and around Oahu to see the Arizona memorial, and witness the sunrise at Diamond Head.

Prerequisites: None

Locations: Hawaii, both the big island and Oahu

Dates: Tentatively May 13-19, 2019

Costs: Approximately \$3,400

Payment Schedule:	November 16, 2018	\$ 350—Non-refundable deposit
	January 31, 2019	1,000
	February 15, 2019	2,050

Refund Information:	Until February 14, 2019	All but \$350 is refundable
	After February 14, 2019	No refund available

Minimum requirements to pass the course:

Barring illness or injury students must participate in all group activities and must turn in a journal of their experiences at the completion of the course.

MORN 219M 002 Green Iceland

Instructor(s): David Elder and Chris Spicer

Year Offered: May 2019

Course Description:

Come explore the natural wonders of Iceland. See how Iceland harnesses natural, green geothermal energy to help power the island nation. Hike a glacier, swim in a natural hot spring, and learn how volcanic ash helps Iceland's farming industry.

Prerequisites: None

Locations: Iceland

Dates: May 14-21, 2019 with periodic meetings in the Spring

Costs: \$3,800

Payment Schedule:	September 14, 2018	\$ 500
	October 19, 2018	300
	November 30, 2018	700
	January 18, 2019	1,000
	February 15, 2019	1,300

Refund Information:	August 27, 2018 – February 7, 2019	Full refund minus \$500 deposit and any other non-refundable fees
	February 8 – March 30, 2019	Full refund minus \$1,250 cancellation fee, the \$500 deposit and any other non-refundable fees
	After March 30, 2019	No refund is available

Minimum requirements to pass the course:

The group will be required to meet occasionally to plan for the trip during the spring semester. During the May term experience, students will be required to complete a daily journal reflecting on different elements of the trip as well as openly discuss their experiences with the group at several points throughout and again at the end of the trip. Additionally, students will plan and execute an excursion for the group during our time in Iceland.

MORN 219M 003 Texas Sized Sun, Sand, Surf, and Science-Cancelled

Instructor(s): Jim Stroh and John Helms

Year Offered: May 2019

Course Description:

Attention all nature lovers, outdoor adventurers, biologist, etc. interested in exploring a system other than your own backyard! This May we will lead an expedition to several unique landscapes in the great state of Texas. We will visit Big Bend National Park where we will go on an extended kayaking trip down the Rio Grande River. We will then cross the Texas Hill Country to the Texas coast where we can hike the barrier islands and coastal wilderness. Students will actively participate in oceanographic research aboard one of UTMSI's research boats. We will also take a behind-the-scenes tour of the Amos Rehabilitation Keep on the UTMSI campus, where injured sea turtles, sea birds and other marine wildlife are cared for prior to re-release to the wild.

Prerequisites: None

Locations: Texas! Big Bend National Park, TX and University of Texas Marine Science Institute, Port Aransas TX

Dates: May 14-29, 2019

Costs: \$2,000 plus spending money (approximately \$200-300)

Payment Schedule:	October 20, 2018	\$ 300 deposit
	December 15, 2018	1,400
	March 9, 2019	300

Refund Information:	\$300 deposit	Only refundable if the trip does not fill
	\$1,400	Only refundable if a replacement is found for your seat
	\$300 final payment	Non-refundable

Minimum requirements to pass the course:

MORN 219M 004 Explore Beautiful Cascadia!-Cancelled

Instructor(s): Tim Sesterhenn and Lauri Sells

Year Offered: May 2019

Course Description:

This trip will explore the natural and man-made beauty of America's rugged Pacific Northwest. We will begin with a few days in the giant redwood forests of Northern California, then venture up the coast to explore this unique region. We will spend a few days in and around both Portland and Seattle, providing unique big-city cultural experiences in contrast to the natural environments. Our outings will include forests, mountains, Volcano School at Mount St. Helens, a fish farm, beaches and tide pools, whale watching, and perhaps the elusive sasquatch! This trip will provide ample time to become immersed in everything the Cascadia ecoregion can offer, from the world's smallest city park to the world's largest trees. We will hold meetings leading up to the trip in which we do some background research, get to know each other, and practice some hiking to prepare for our big adventure.

Prerequisites: None

Locations: Northern California, coastal Oregon and Washington including Portland and Seattle

Dates: May 13-26, 2019

Costs: \$2700, which includes transportation, meals, and lodging during the trip. Students will need to arrange their own transportation to and from the Omaha airport, with help from the instructor

Payment Schedule:	September 21, 2018	\$ 500 – Non-refundable deposit
	October 26, 2018	1,000
	December 3, 2018	300
	January 18, 2019	450
	February 15, 2019	450

Refund Information:	Until November 5, 2018	All but \$500 is refundable
	November 6 – December 7, 2018	All but \$1,500 is refundable
	December 8, 2018 – March 22, 2019	All but \$1,800 is refundable
	After March 22, 2019	No refunds available

Minimum requirements to pass the course:

Students must actively and productively participate in group activities, research, and discussions, and complete reflective writings.

MORN 219M 005 Israel: Ancient and Modern-Cancelled

Instructor(s): Anni Moore and Rabbi Greene

Year Offered: May 2019

Course Description:

This course is for people who would love to travel to Israel and explore both the current vibrant culture of the Jewish state, as well as the ancient roots of the Judeo-Christian religions. We will visit the holy sites and learn the history of three major world religions, learn about the creation of the state of Israel, explore the natural wonders of the land (e.g. the Dead Sea), and experience the dynamic life of 21st century Israel.

Prerequisites: None

Locations: Israel

Dates: May 13-21, 2019

Costs: \$3500, which includes travel cost (by air): about \$1300 (round trip from Sioux City); in Israel (includes dorm-style housing, tours, transport, and most meals): about \$2200

Payment Schedule:	October 5, 2018	\$ 300 – Non-refundable deposit
	November 5, 2018	660
	December 5, 2018	660
	January 5, 2019	660
	February 5, 2019	660
	March 5, 2019	560

Refund Information:	Until January 5, 2019	Full refund minus \$300 deposit
	January 6 – February 5, 2019	Full refund minus \$300 deposit and \$660 cancellation fee
	February 6, 2019 and after	No refund is available

Minimum requirements to pass the course:

Participation in the group activities, tours, and discussion; keeping a daily travel blog about the experiences.

MORN 219M 006 Mythology & Mangiare in Greece & Italy

Instructor(s): Leslie Werden

Year Offered: May 2019

Course Description:

Who is your favorite mythological god? Goddess? Hero? Creature? What is your favorite Italian food: pizza? Pasta Carbonara? Tiramisu? This May Term will take you through a tour of Greek and Roman Mythology by visiting historical places like Delphi, the Temple of Apollo, the Temple of Athena Nike, and the Parthenon in Greece. We will continue the tour in Italy at places like the Colosseum and the Roman Forum. All along the way, we will mangiare! Eating pizza in Italy is a completely different experience than ordering from Papa John's...way better. And Greek food? Wait until you try the Saganaki; delicious!! We will finish the tour by taking a cruise to the Greek Islands, including Crete and Santorini.

Prerequisites: None

Locations: Greece and Italy

Dates: Departing between May 19-22, 2019 and returning 13 days later

Costs: Approximately \$4850

Payment Schedule:	September 1, 2018	\$ 500 – Non-refundable deposit
	November 5, 2018	1,100
	January 11, 2019	1,100
	February 8, 2019	1,100
	March 8, 2019	1,050

Refund Information:	August 27, 2018 – February 8, 2019	Full refund minus \$500 deposit and any other non-refundable fees
	February 9 – March 31, 2019	Full refund minus \$1,250 cancellation fee, the \$500 deposit and any other non-refundable fees
	After March 31, 2019	No refund is available

Minimum requirements to pass the course:

MORN 219M 007 Urban Environments and Culture in Eastern Europe-Cancelled

Instructor(s): J. Jeffrey Zink

Year Offered: May 2019

Course Description:

There is a belief that the familiar methods one uses to address problems come to be regarded as the only possible solutions, or the best possible solutions. Travel is a fantastic way to expose people to different ways of doing things. Eastern Europe offers a prime example of this in terms of economic development. Scholars such as Maurice Dobb and Fernand Braudel have asked why capitalism seemed to emerge more quickly and completely in England and France in the Middle Ages as compared to Central and Eastern European countries like Poland, the now Czech Republic, and Hungary. Even more interesting the membership of some of these countries in the former Communist Bloc / Warsaw Pact, and their recent turn toward a more formally market oriented form of economic organization. That means that the re-emergence of capitalism in these countries remains presents an opportunity to discuss the implications of markets as cultural institutions as well as economic and political ones. The course would begin with the completion of background readings to give context for the trip. Then the group embarks on a ten day trip to Hungary, Poland, and the Czech Republic.

Prerequisites: None

Locations: Sioux City, IA. Budapest, Hungary. Krakow, Poland. Prague, Czech Republic.

Dates: Tentatively May 14-23, 2019

Costs: \$3450 plus some meals and souvenirs

Payment Schedule:	September 28, 2018	\$ 500 – Non-refundable deposit
	September 28, 2018	165 Optional Global Travel Protection Plan
	November 5, 2018	675
	January 11, 2019	675
	February 8, 2019	675
	March 8, 2019	675

Refund Information:	August 22, 2018 – February 7, 2019	Full refund minus \$500 deposit and optional Global Protection Plan
	February 8 – March 30, 2019	Full refund minus \$1,250 cancellation fee, the \$500 deposit and any other non-refundable fees
	After March 30, 2019	No refund is available

Minimum requirements to pass the course:

Completion of background reading. Completion of reflective components during the trip itself. Participation in oral discussion at breakfast of previous day's activities. Submission of photos to Twitter feed to be set up for the trip.

MORN 219M 008 Tabletop Strategy and Armchair Command

Instructor(s): Randy Campbell

Year Offered: May 2019

Course Description:

This course provides students a chance to strengthen their ability to plan ahead and to strengthen their grasp of military strategy and tactics in an enjoyable way by playing strategy board games. Students gain experience with command at a variety of levels, including command of a single battle, command of an entire nation at war, and command at various levels in between. Students increase their knowledge of military history via simulated battles or wars including the Waterloo Campaign, the struggle between Athens & Sparta, the Scottish war of independence (Braveheart), the American revolution, and World War II. Some games utilize diplomacy. Some games have students play as members of a team. There are also abstract games that allow students to apply tactics and strategy to unfamiliar situations. Via careful analysis of the strengths and weaknesses of their own game play, and that of others, students increase their strategic and tactical skill, including their ability to plan ahead. They generally have a fun time doing it - especially when they win.

Prerequisites: None

Location: SC 002

Dates: May 13-May 31, 2019

Time: Monday-Friday, 1:00pm-5:00pm

Costs: \$20 (for purchase and maintenance of games)

Minimum requirements to pass the course:

- Attendance
- Playing required games
- Playing a number of choice games
- Students' jointly submit a result report after each game.
- Each student completes a personal after-action report after each game
- Complete two short reflection papers

MORN 219M 009 The Science of Happiness

Instructor(s): Shannon Claxton

Year Offered: May 2019

Course Description:

If you are feeling stressed after the semester, this class is for you! In this course we will explore scientific research related to happiness and wellbeing and develop skills for stress reduction. We will explore questions such as: What is happiness? Who tends to be happy? What makes people happy? What common ideas related to happiness are not supported by research? Additionally, we will have the opportunity to try various research-based practices that have been shown to enhanced wellbeing.

Prerequisites: None

Location: SC 162, students may choose to travel to local venues to try classes (e.g., yoga)

Dates: May 13-June 2, 2019

Time: Monday-Friday, 9:00am-12:00pm

Costs: None

Minimum requirements to pass the course:

Students will complete a journal that chronicles their practice of a number of wellbeing enhancement techniques. Additionally, over the course, students will complete a growth challenge and create a tool for other college students to use to enhance their wellbeing. In order to pass the class, students must complete all assignments at a satisfactory level and attend at least 85% of the class sessions.

MORN 219M 010 Introduction to Athletics Officiating

Instructor(s): Rich Crow

Year Offered: May 2019

Course Description:

This course will introduce participants to high school athletic officiating. Using softball as an example, participants will investigate the philosophies and mechanics required to be a successful high school athletic official. Participants will interact with area high school and college umpires with combined experience of over 100 years. For students looking to coach sports after college, this course will provide an understanding of the view from the other side of the game; enabling them to better interact with sport officials during contests.

Prerequisites: None

Location: BR 226, two required off-campus trips to area high school softball games to observe softball officiating in action, Riverside Park in Sioux City to officiate the course-end tournament

Dates: May 13-May 25, 2019

Time: Monday-Friday, 8:00am-1:00pm; Saturday, May 25, 8:00am-4:00pm; students will additionally be required to attend 2 softball games in the evening timeframe during the course

Costs: \$190 (\$180 course fee and \$10 gate costs for softball games observed) plus travel costs to softball games

\$180 course fee covers:

- Umpire Gear - \$20 (kit is shared among students)
- Powder Blue Umpire Shirt - \$30
- Heather Grey Pants - \$50
- Umpire Cap - \$40
- Costs for Officials Assisting - \$40

Each student will also need to bring the following equipment:

1. Black belt
2. Black tennis shoes
3. Softball glove
4. Refillable Water Container

Minimum requirements to pass the course:

100% attendance and participation in all class times as scheduled

MORN 219M 011 Humor: Jest for the Health of It

Instructor(s): Shar Georgesen

Year Offered: May 2019

Course Description:

The course will explore humor as a contributor to the health of an individual physiologically and emotionally. The course will also explore humor in the workplace from an occupational view as well as appropriate or not appropriate. A variety of humor mediums will be considered and critiqued during the course. The course will conclude with a humor/joke show put on by the students.

Prerequisites: None

Location: BR 318

Dates: May 13-May 31, 2019

Time: Monday-Friday, 9:00am-12:00pm

Costs: approximately \$30 for course materials

Minimum requirements to pass the course:

- Attend class
- Participate in group activities related to topic of the day
- Complete interview about humor in the workplace
- Complete written and/or oral reflections about humor within a family, humor and peers, humor about events and humor as harmful/hurtful
- Participate in Joke show at the end of the course

MORN 219M 012 Medical Mysteries

Instructor(s): Chad Leugers

Year Offered: May 2019

Course Description:

This course will examine past and present Medical Mysteries from scientific, historical, and societal perspectives. Students will encounter bizarre and mysterious medical cases from throughout history and experience the investigative process that helped solve them. Laboratory experiments will give students first-hand experience with some of the techniques and procedures used to tackle these challenging cases, and demonstrate how the scientific process separates science from pseudo-science.

Prerequisites: None

Location: SC 202

Dates: May 13-May 31, 2019

Time: Monday-Friday, 9:00am-12:00pm

Costs: \$50 for laboratory materials

Minimum requirements to pass the course:

Minimum requirements for passing the course include daily attendance and participation in group assignments/activities. Students must also complete several reflective assignments on various topics throughout the course, as well as a final reflective paper about their experience in the course.

MORN 219M 013 Breakfast, Lunch and Dinner

Instructors: J. Jeffrey Zink

Year Offered May 2019

Course Description:

Cooking is an essential skill that enables people to eat well, save money, and remain healthy and strong. There really is only one way to learn to cook - and that is by actually cooking. Students will learn the basics of menu planning and cooking actual meals so that they can take this skill with them when they start living on their own. Students will also be able to compare the cost of cooking and eating at home as opposed to eating out, while recognizing that there may be practical considerations that make eating out both necessary, and a necessary break from home cooked meals. Students will also begin to recognize some of the nutritional considerations that go into meal planning. Each week will be structured around one of the three principal meals of the day, and students will cook several meals in each category every week.

Prerequisites: None

Locations: Sodexo Kitchens, Olsen Student Center

Dates: May 13 to May 31, 2019

Times: 9 AM to 12:00 noon, M-F

Costs: Nominal food costs as part of group. Group splits ingredients that remain as they see fit, taking them home to their own kitchen.

Minimum requirements to pass the course:

Cook and eat the meals you plan, tweet a photo to twitter feed. Prepare cost comparison with similar meal at an area restaurant. Completion of written and oral reflection parts of the course.

MORN 219M 013 Understanding Municipal Environmental Services

Instructors: John Helms

Year Offered: May 2019

Course Description:

Students will visit several of the facilities that ensure the environmental health and safety of Sioux City residents. Short field trips will include visiting the local drinking water treatment facilities, the active landfill in Jackson, NE, the local sewage treatment plant, the citizens' convenience center for solid waste in Sioux City, Van's Sanitation and Recycling in Le Mars, IA, and a local water testing lab. Topics covered will include water treatment, waste disposal, recycling, environmental remediation, medical waste, and pollution mitigation. Guest lecturers will include Environmental Specialist, Melissa Campbell from the Sioux City Utilities Department; Environmental Manager, Brooke Muhlack from Knife River Corporation; and other local professionals that work in the fields of environmental services and environmental compliance.

Prerequisites: None

Location: Travel destination (if off campus): On-campus, but will include local field trips

Dates: May 13th to May 31st

Costs: Estimated course fee for this May Term: \$25.00

Minimum requirements to pass the course:

Minimum requirements for passing the course include daily attendance and participation in group assignments/activities. Students must also complete several reflective assignments on various topics throughout the course, as well as a final reflective paper about their experience in the course.

MORN 219M 015: Learn to read Hebrew: the Basic Primer

Instructor: Dr. Anni Moore

Course Description:

This course is designed for students who are interested in learning to read and write basic Hebrew text. We will cover the Hebrew alphabet, practice reading and writing, talk about root words, and learn simple words for everyday use.

Locations: Morningside College campus; field trip to Beth Shalom Synagogue

Dates: May 13th –May 30th, 2019

Times: Monday through Thursday 9 – 11:30 a.m.

Costs: none, but textbook is required

Minimum requirements to pass the course: Attendance in 90% of the classes and the completion of required exercises.

Morn 219M 016: Title: Disc Golf

Instructors: Tim Sesterhenn

Year Offered: May 2019

Course Description:

Disc golf is an inexpensive sport that allows you to enjoy the outdoors, in which the goal is to walk a course and throw plastic discs at a target. In this May Term we will learn the basic rules and skills, then improve our game from any starting point – no experience necessary. Our emphasis will be on creating a fun, supportive learning environment to explore the surprising depth of techniques and disc types. The course fee will provide two discs for each student and a class practice target, which we will use to develop our skills before heading out to local disc golf courses. Our time together will conclude with a multi-day tournament to crown the class champion!

Prerequisites: None

Locations: Some meetings will be on campus, and travel to local disc golf courses in and around Sioux City will be required.

Dates: May 13 – June 2

Times: M-F, 1-4

Costs: \$25 to pay for some starter discs; students will need to arrange their own transportation to disc golf courses

Minimum requirements to pass the course: Students must actively participate in learning rules and techniques of disc golf, show consistent effort to improve, and exhibit good sportsmanship. Participation is required in the concluding multi-day tournament. Students will maintain a reflective journal of their learning, progress, and performance.

MORN 219M 017: Experience Coffee

Instructors: Lauri Sells

Year Offered: May 2019

Course Description:

Coffee is readily available all over the world. Through this course, students will learn about the history of coffee and the socio-cultural impact of coffee. Students will learn the proper way to prepare coffee. Exploration will include dedicated coffee roasters, the selection of beans, roasting techniques, and various brewing methods. Discussion will include the health benefits and risks of coffee consumption.

Locations: multiple coffee vendors, roasters, shops in Sioux City.

Students will need transportation to all of the off campus locations.

Dates: May 13-17th 2019

Times: 09:00 a.m. - 12:00 p.m.

Costs: variable, \$10-30

Minimum requirements to pass the course:

Daily attendance, participation, and completion of reflections.

MORN 219M 018 Warfare on the Eastern Front of WWII

Instructor(s): Jim Stroh

Year Offered: May 2019

Course Description:

Simulation of the first year of warfare on the entire east front in WWII. Students can choose to be the Soviets, Germans, Finns or Romanians. Can you accomplish the defeat of the Soviet Union? Or will the Russian winter and vast territory defeat you as well?

Sign up and find out!

Location: Walker Science Center Room 120

Dates: June 10 – June 28th

Times: M-F 8am to 11:30am

Cost: No Cost!

Minimum requirements to pass the course:

Daily attendance, participation, and completion of reflections.

MORN 219M 019 New York City

Instructor(s): Shane Macklin

Year Offered: May 2019

Course Description:

Travelers the Morningside College Band & All American Band will be embarking on an exciting trip to **New York, May 16-19, 2019**. This trip is for the **Morningside College & All American Band** members and Staff. This trip will include two performances for the ensemble, a Broadway show and a Lincoln Center Jazz concert, as well as many other activities. Our philosophy on this trip is simple this: to represent **Morningside College and the All American Band**, to gain a greater understanding of our world thru travel and education, and to reward those individuals that have made a commitment to the Morningside College Band & the All American Band.

The director, along with the guidance of the travel consultant, are the coordinators of this trip. These people will collectively make all decisions relating to this trip.

Location: New York City

Dates: May 16-19th, 2019

Times:

Cost: \$1831-2086 (depending on hotel occupancy) per traveler, based on a minimum of 18 participants

Deposit:	\$350	October 1, 2018
Payment	\$370	November 1, 2018
Payment	\$370	February 1, 2019
Payment	\$370	March 1, 2019
Final Payment	\$370 or \$626	April 10, 2019

(Depending on hotel occupancy)

Refund Schedule:

Initial Deposit of \$350 is non-refundable

Second payment \$370 refundable until January 15, 2019

No Refunds after January 15, 2019

Minimum requirements to pass the course:

Daily attendance, participation, and completion of reflections.